

Hamlin ISD

Breakfast H.S/M.S. 2009-2010

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 1 Breakfast Pizza Juice - apple or orange Milk 1 % or 2 %	Mar - 2 Combo Bar OS Wild Blueberry Muf Juice - apple or orange Milk 1 % or 2 %	Mar - 3 SCRAMBLED EGGS toast - 1 slice Wright's thin sliced bac Juice - apple or orange Milk 1 % or 2 %	Mar - 4 Breakfast Quesadilla Juice - apple or orange Milk 1 % or 2 %	Mar - 5 Breakfast Burrito Juice - apple or orange Milk 1 % or 2 %
Mar - 8 Breakfast Bagel Juice - apple or orange Milk 1 % or 2 %	Mar - 9 Breakfast on a Stick Juice - apple or orange Milk 1 % or 2 % syrup	Mar - 10 Sausage N Blanket Juice - apple or orange Milk 1 % or 2 % MUSTARD	Mar - 11 Breakfast Krispies Juice - apple or orange Milk 1 % or 2 %	Mar - 12 Sausage Biscuit Juice - apple or orange Milk 1 % or 2 %
Mar - 15 Spring Break	Mar - 16 Spring Break	Mar - 17 Spring Break	Mar - 18 Spring Break	Mar - 19 Spring Break
Mar - 22 assorted cereal OS Apple/Cinnamon M Juice - apple or orange Milk 1 % or 2 %	Mar - 23 Breakfast Pizza Juice - apple or orange Milk 1 % or 2 %	Mar - 24 Combo Bar Yogurt Juice - apple or orange Milk 1 % or 2 %	Mar - 25 Breakfast Quesadilla Juice - apple or orange Milk 1 % or 2 %	Mar - 28 Sausage N Blanket Juice - apple or orange Milk 1 % or 2 % MUSTARD
Mar - 29 Breakfast Bagel Juice - apple or orange Milk 1 % or 2 %	Mar - 30 Ham SCRAMBLED EGGS Juice - apple or orange Milk 1 % or 2 %	Mar - 31 Breakfast on a Stick Juice - apple or orange Milk 1 % or 2 % syrup		

In accordance with Federal law and United States Department of Agriculture policy, this Institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.